



Covid 19 ~ how we are managing it

Update – September, 2020

We are now open to all our clients and accepting new clients to the practice. As always, if you are experiencing any problems, please contact us as soon as possible. It is much easier to settle a small problem than a large one. We have practice sessions Monday to Friday.

Naturally Chiropractic have implemented the following procedures in line with government and GCC guidelines. To ensure the safety of our clients and team:

- All clients contacting us for an appointment are triaged by a team member over the phone. Anyone with Covid 19 symptoms, or in close contact with anyone who has symptoms, should not attend the practice until they have a negative test or have isolated for 14 days.
- When you visit the practice, we will check your temperature on arrival and ask you to either sanitise or wash your hands.
- If there are more than 2 people in reception you may be asked to wait outside or in your car. Please be polite to our staff if we ask you to do this – we have these rules in place in order to maintain our service to you and keep the practice open.
- We ask our clients to be on time for your appointment. If you are early you may be asked to wait outside or in your car; if you are late, we may need to reschedule you to another day.
- We are minimising your time in the practice to reduce exposure for yourselves and also for us. If you have questions or require extra time, please let reception know when you book your appointment so that we can accommodate you appropriately.

As the situation with the pandemic evolves, we will continue to review all processes in the practice and adjust according to advice from the government and the GCC.

In the meantime, continue to keep yourselves healthy in lifestyle practices and mind! Health is a physical, emotional and spiritual balancing act.

Estelle and the entire NC Team.